

Camping Tips for Parents

Contributed by ARAcontent
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Parker, Arizona - Camping can help create lifelong memories for adults and children alike, which is one of the reasons it is the Number 1 outdoor activity in America. But before you pack up the tent and start the long drive, remember that proper preparation for a camping trip is important, especially when kids are involved.

Research by Go Camping America found that one-third of U.S. adults have gone camping in the past five years and that camping vacationers tend to be married with children at home. Being prepared is an important part of ensuring you'll have a great time -- and stay safe -- while camping.

There are several things you can do to make your camping trip run more smoothly:

1. Check the weather before you leave.
2. Call ahead -- a must on weekends, especially holiday weekends.
3. Start small and within your adventure limits.
4. Have a rain plan, even if it is a card game in the tent or a book. Utilize your local library for trip bags and travel packs.
5. Pack a first-aid kit.

In case a camper has an accident or gets a cut or scrape on your trip, having a first-aid kit handy is a must because it is important to properly clean and care for the wound in order to prevent infection and possible scarring. But sometimes -- even with the best wound care -- scars do form, leaving visible reminders of your camping trip.

Fortunately, there is a solution to help kids reduce the appearance of scars. Mederma for Kids is the No. 1 pediatrician-recommended product for kids's scars and helps reduce the appearance of old and new scars resulting from burns, injuries, cuts and scrapes that occur on playgrounds, during sporting activities or just while being a kid.

The topical gel is a kid-friendly scar therapy -- it goes on purple and rubs in clear, making scar treatment fun for kids and encouraging them to take part in caring for their scars. Reducing the appearance of kids's scars can help parents feel better today, knowing they are improving the appearance of noticeable scars so their children won't be self-conscious about them tomorrow.

For more information, visit www.medermaforkids.com.

Courtesy of ARAcontent