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# Summer Vacation Ideas for Every Mood

Contributed by ARAcontent  
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(ARA) &ndash; As summer approaches we get the urge to travel. Whether you want to make the trek to your favorite tourist attraction, or go somewhere and try a new activity, summer is a great time to travel.

&ldquo;With the ideal weather we see increases in individuals, couples and families traveling during the summer months,&rdquo; says Arnold Angeloni, CEO of AmericInn. &ldquo;Travel is a great way to create memories that last a lifetime and to fulfill every type of vacation need.&rdquo;

Here are some great travel ideas for every summer mood:

## Relaxation:

If some rest and relaxation is what you are looking for, you&rsquo;re sure to be satisfied with the sunshine and beauty of Florida&rsquo;s beaches. You can spend some time enjoying the sun and a good book, nap your days away or even take long walks along the beach looking for seashells. For a little adventure, try boogie boarding. You can purchase a boogie board quite affordably at many beach stores and practice catching the waves and riding to shore.

Deciding on where to stay in Florida can be difficult. Some prefer popular tourist destinations like Disney World and Busch Gardens. Places like Fort Myers with its slower pace will feel more like a getaway. Others might prefer to visit a quainter town such as Bonita Springs. Located north of Marco Island and just between Naples and Fort Myers, this community offers the unique and inviting Old Florida lifestyle of a charming small beach town.

## Adventure:

For those seeking lots of opportunities for adventure, look to the mountains! And there is no better place to visit for adventure than Colorado. During the winter, ski bums around the world visit to experience the slopes, but during the summer the mountains offer just as much for the adrenaline junkie.

Imagine rock climbing one of Aspen&rsquo;s world famous peaks. Instructors can be hired for excursions from several hours to days and are available for all levels of climbers. Experience world class whitewater rafting on the Cache La Poudre River, located in Fort Collins. If you want a milder adventure, try hiking at one of the thousands of trails located in the beautiful mountains.

## City Life:

For those who want a taste of the city and everything it has to offer, there is no better place than Chicago. With its museums, restaurants, cultural activities and night life, you really can&rsquo;t go wrong.

The Art Institute of Chicago boasts an extensive collection of world-famous art. The Shedd Aquarium is a favorite to locals and tourists alike. The Magnificent Mile offers enough stores to satisfy anyone&rsquo;s shopping addiction. And don&rsquo;t forget to grab a slice of famous Chicago-style pizza when you need a break from it all.

## Mother Nature:

For those who want to get back in touch with Mother Nature, or perhaps just experience the outdoors and breathe in some fresh air, heading up north is the perfect way to see it all in the midwest. Try visiting the surrounding areas of the Great Lakes. Head to Duluth, Minn., for access to many outdoor activities and one of the largest ports in the Midwest. Head further north for the legendary Iron Range and Boundary Waters.

To see some of the best of the untouched north woods visit the Superior Hiking Trail, a 205-mile long footpath that follows the rocky ridgeline above Lake Superior in northeastern Minnesota. Look for a variety of wild animals including deer, water fowl, fox, and even bear and wolves. Try packing a picnic lunch, sit on the lake shore and listen to the waves crash on the rocks.

To ensure a great stay be sure to plan ahead and prepare for activities you will be doing each day. Generally, wearing comfortable shoes, drinking lots of water and wearing sunscreen will help you feel great through your whole trip. Make sure you get a good night's rest by staying at a reliable and quiet hotel. For example, AmericInn hotels are built with AmericInn SoundGuard construction which reduces sounds and vibrations. With this in mind, you're sure to have the perfect summer trip.

For more information, visit [www.Americinn.com/ara](http://www.Americinn.com/ara).

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